

Shooting Procedure in *Kyōgi* (for a *Tachi* of 3 Archers, *Hitote*, *Zasha*)

All Nippon Kyudo Federation

	<i>Ichiban</i>	<i>Niban</i>	<i>Sanban</i>
H A Y A	Proceed without waiting.	When <i>Ichiban</i> is standing, with the right fist being brought to the hip, stand up. On <i>Ichiban</i> 's <i>Tsurune</i> , make <i>Uchiokoshi</i> and proceed.	When <i>Niban</i> is standing, with the right fist being brought to the hip, stand up. On <i>Niban</i> 's <i>Tsurune</i> , make <i>Uchiokoshi</i> and proceed.
O T O Y A	After shooting <i>Haya</i> , sit down in <i>Kiza</i> , nock on <i>Otoya</i> and stand up. On <i>Sanban</i> 's <i>Tsurune</i> , make <i>Torikake</i> and proceed.	After shooting <i>Haya</i> , sit down in <i>Kiza</i> , nock on <i>Otoya</i> and stand up. On <i>Ichiban</i> 's <i>Tsurune</i> , make <i>Uchiokoshi</i> and proceed.	After shooting <i>Haya</i> , sit down in <i>Kiza</i> , nock on <i>Otoya</i> and stand up. On <i>Niban</i> 's <i>Tsurune</i> , make <i>Uchiokoshi</i> and proceed.

(Effective as of April 1, 2014)

- Notes: 1) On entering, the attention must be focused on the *Kamiza* before making *Rei* in the case of *Ichiban*, or *Yū* (in *Futa-Iki*: two breaths) from *Niban*.
- 2) Proceed to *Honza*, sit down in *Kiza*, make *Yū* (in *Mi-Iki*: three breaths) together and proceed to *Shai*.
- * When there is a previous group at *Shai*, the *Tachi* enters the shooting area on the *Tsurune* of *Sanban*'s *Haya*, sits down in *Kiza* at *Honza* and waits.
 - * On the *Tsurune* of the last archer from the previous group, the *Tachi* makes *Yū* together. On the last archer's *Yudaoshi*, the *Tachi* stands up. When the last archer from the previous group takes the first step towards *Honza* to exit, the *Tachi* proceeds to *Shai*.
 - * The *Tachi* may be required to wait for the person in charge (*Shinkōgakari*) to call the start with "*Hajime*" before making *Yū* together and proceeding to *Shai*.
- 3) Sit down in *Kiza* at *Shai*, turn to face *Waki-Shōmen*, stand the bow up and make *Yatsugae*.
- 4) When the shooting is finished, leave the shooting area in consecutive order starting with *Ichiban*.
- 5) On exiting, the attention must be focused on the *Kamiza* before making *Yū* (in *Futa-Iki*).
- 6) The movements before and after the shooting should not be too slow.
- 7) The same procedure applies when shooting four arrows (*Futate*) and in a group of four archers.
- 8) When a time limit is set, it is possible to proceed faster as long as the order of the archers is respected.

Shooting Procedure in *Kyōgi* (for a *Tachi* of 5 Archers, *Hitote*, *Zasha*)

All Nippon Kyudo Federation

	<i>Ichiban</i>	<i>Niban</i>	<i>Sanban</i>	<i>Yonban</i>	<i>Goban</i>
H A Y A	Proceed without waiting.	When <i>Ichiban</i> is standing, with the right fist being brought to the hip, stand up. On <i>Ichiban</i> 's <i>Tsurune</i> , make <i>Uchiokoshi</i> and proceed.	When <i>Niban</i> is standing, with the right fist being brought to the hip, stand up. On <i>Niban</i> 's <i>Tsurune</i> , make <i>Uchiokoshi</i> and proceed.	When <i>Sanban</i> is standing, with the right fist being brought to the hip, stand up. On <i>Sanban</i> 's <i>Tsurune</i> , make <i>Uchiokoshi</i> and proceed.	When <i>Yonban</i> is standing, with the right fist being brought to the hip, stand up. On <i>Yonban</i> 's <i>Tsurune</i> , make <i>Uchiokoshi</i> and proceed.
O T O Y A	After shooting <i>Haya</i> , sit down in <i>Kiza</i> , nock on <i>Otoya</i> and stand up. On <i>Goban</i> 's <i>Tsurune</i> , make <i>Torikake</i> and proceed.	After shooting <i>Haya</i> , sit down in <i>Kiza</i> , nock on <i>Otoya</i> and stand up. On <i>Ichiban</i> 's <i>Tsurune</i> , make <i>Uchiokoshi</i> and proceed.	After shooting <i>Haya</i> , sit down in <i>Kiza</i> , nock on <i>Otoya</i> and stand up. On <i>Niban</i> 's <i>Tsurune</i> , make <i>Uchiokoshi</i> and proceed.	After shooting <i>Haya</i> , sit down in <i>Kiza</i> , nock on <i>Otoya</i> and stand up. On <i>Sanban</i> 's <i>Tsurune</i> , make <i>Uchiokoshi</i> and proceed.	After shooting <i>Haya</i> , sit down in <i>Kiza</i> , nock on <i>Otoya</i> and stand up. On <i>Yonban</i> 's <i>Tsurune</i> , make <i>Uchiokoshi</i> and proceed.

(Effective as of April 1, 2014)

- Notes: 1) On entering, the attention must be focused on the *Kamiza* before making *Rei* in the case of *Ichiban*, or *Yū* (in *Futa-Iki*: two breaths) from *Niban*.
- 2) Proceed to *Honza*, sit down in *Kiza*, make *Yū* (in *Mi-Iki*: three breaths) together and proceed to *Shai*.
- * When there is a previous group at *Shai*, the *Tachi* enters the shooting area on the *Tsurune* of *Niban*'s *Otoya*, sits down in *Kiza* at *Honza* and waits.
 - * On the *Tsurune* of the last archer from the previous group, the *Tachi* makes *Yū* together. On the last archer's *Yudaoshi*, the *Tachi* stands up. When the last archer from the previous group takes the first step towards *Honza* to exit, the *Tachi* proceeds to *Shai*.
 - * The *Tachi* may be required to wait for the person in charge (*Shinkōgakari*) to call the start with "*Hajime*" before making *Yū* together and proceeding to *Shai*.
- 3) Sit down in *Kiza* at *Shai*, turn to face *Waki-Shōmen*, stand the bow up and make *Yatsugae*.
- 4) When the shooting is finished, leave the shooting area in consecutive order starting with *Ichiban*.
- 5) On exiting, the attention must be focused on the *Kamiza* before making *Yū* (in *Futa-Iki*).
- 6) The movements before and after the shooting should not be too slow.
- 7) The same procedure applies when shooting four arrows (*Futate*) and in a group of four archers.
- 8) When a time limit is set, it is possible to proceed faster as long as the order of the archers is respected.

Shooting Procedure in *Kyōgi* (for a *Tachi* of 3 Archers, *Hitote*, *Rissha*)

All Nippon Kyudo Federation

	<i>Ichiban</i>	<i>Niban</i>	<i>Sanban</i>
H A Y A	Proceed without waiting.	On <i>Ichiban's Tsurune</i> , make <i>Uchiokoshi</i> and proceed.	On <i>Niban's Tsurune</i> , make <i>Uchiokoshi</i> and proceed.
O T O Y A	After shooting <i>Haya</i> , nock on <i>Otoya</i> and wait. On <i>Sanban's Tsurune</i> , make <i>Torikake</i> and proceed.	After shooting <i>Haya</i> , nock on <i>Otoya</i> and wait. On <i>Ichiban's Tsurune</i> , make <i>Uchiokoshi</i> and proceed.	After shooting <i>Haya</i> , nock on <i>Otoya</i> and wait On <i>Niban's Tsurune</i> , make <i>Uchiokoshi</i> and proceed.

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- Notes: 1) On entering, the attention must be focused on the *Kamiza* before making *Rei* in the case of *Ichiban*, or *Yū* (in *Futa-Iki*: two breaths) from *Niban*.
- 2) Proceed to *Honza*, make *Yū* (in *Mi-Iki*: three breaths) together in standing position and proceed to *Shai*.
- * When there is a previous group at *Shai*, the *Tachi* enters the shooting area on the *Tsurune* of *Sanban's Haya* and waits in standing position, one step behind *Honza*. (The use of chairs is permitted.)
 - * On the *Tsurune* of the last archer from the previous group, the *Tachi* proceeds to *Honza* and makes *Yū* together. When the last archer from the previous group takes the first step towards *Honza* to exit, the *Tachi* proceeds to *Shai*.
 - * After proceeding to *Honza*, the *Tachi* may be required to wait for the person in charge (*Shinkōgakari*) to call the start with "*Hajime*" before making *Yū* together and proceeding to *Shai*.
- 3) At *Shai*, turn to face *Waki-Shōmen*, stand the bow up and make *Yatsugae*.
- 4) When the shooting is finished, leave the shooting area in consecutive order starting with *Ichiban*.
- 5) On exiting, the attention must be focused on the *Kamiza* before making *Yū* (in *Futa-Iki*).
- 6) The movements before and after the shooting should not be too slow.
- 7) The same procedure applies when shooting four arrows (*Futate*) and in a group of four archers.
- 8) When a time limit is set, it is possible to proceed faster as long as the order of the archers is respected.

Shooting Procedure in *Kyōgi* (for a *Tachi* of 5 Archers, *Hitote*, *Rissha*)

All Nippon Kyudo Federation

	<i>Ichiban</i>	<i>Niban</i>	<i>Sanban</i>	<i>Yonban</i>	<i>Goban</i>
H A Y A	Proceed without waiting.	On <i>Ichiban</i> 's <i>Tsurune</i> , make <i>Uchiokoshi</i> and proceed.	On <i>Niban</i> 's <i>Tsurune</i> , make <i>Uchiokoshi</i> and proceed.	On <i>Sanban</i> 's <i>Tsurune</i> , make <i>Uchiokoshi</i> and proceed.	On <i>Yonban</i> 's <i>Tsurune</i> , make <i>Uchiokoshi</i> and proceed.
O T O Y A	After shooting <i>Haya</i> , nock on <i>Otoya</i> and wait. On <i>Goban</i> 's <i>Tsurune</i> , make <i>Torikake</i> and proceed.	After shooting <i>Haya</i> , nock on <i>Otoya</i> and wait. On <i>Ichiban</i> 's <i>Tsurune</i> , make <i>Uchikoshi</i> and proceed.	After shooting <i>Haya</i> , nock on <i>Otoya</i> and wait. On <i>Niban</i> 's <i>Tsurune</i> , make <i>Uchiokoshi</i> and proceed.	After shooting <i>Haya</i> , nock on <i>Otoya</i> and wait. On <i>Sanban</i> 's <i>Tsurune</i> , make <i>Uchiokoshi</i> and proceed.	After shooting <i>Haya</i> , nock on <i>Otoya</i> and wait. On <i>Yonban</i> 's <i>Tsurune</i> , make <i>Uchiokoshi</i> and proceed.

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- Notes:
- 1) On entering, the attention must be focused on the *Kamiza* before making *Rei* in the case of *Ichiban*, or *Yū* (in *Futa-Iki*: two breaths) from *Niban*.
 - 2) Proceed to *Honza*, make *Yū* (in *Mi-Iki*: three breaths) together in standing position and proceed to *Shai*.
 - * When there is a previous group at *Shai*, the *Tachi* enters the shooting area on the *Tsurune* of *Niban*'s *Otoya* and waits in standing position, one step behind *Honza*. (The use of chairs is permitted.)
 - * On the *Tsurune* of the last archer from the previous group, the *Tachi* proceeds to *Honza* and makes *Yū* together. When the last archer from the previous group takes the first step towards *Honza* to exit, the *Tachi* proceeds to *Shai*.
 - * After proceeding to *Honza*, the *Tachi* may be required to wait for the person in charge (*Shinkōgakari*) to call the start with “*Hajime*” before making *Yū* together and proceeding to *Shai*.
 - 3) At *Shai*, turn to face *Waki-Shōmen*, stand the bow up and make *Yatsugae*.
 - 4) When the shooting is finished, leave the shooting area in consecutive order starting with *Ichiban*.
 - 5) On exiting, the attention must be focused on the *Kamiza* before making *Yū* (in *Futa-Iki*).
 - 6) The movements before and after the shooting should not be too slow.
 - 7) The same procedure applies when shooting four arrows (*Futate*).
 - 8) When a time limit is set, it is possible to proceed faster as long as the order of the archers is respected.

How to Handle Four Arrows (in *Zasha*)—Simplified Method:

- 1) Turn to face *Waki-Shōmen* while lowering the bow (until the *Urahazu* touches the floor). Then, place one pair of arrows (*Hitote*) on the floor to the front with the *Itatsuki* in the centre of the body.
- 2) Keeping hold of the other *Hitote* at *Itsukebushi* (or *Itatsuki*), the right fist is brought to the hip.
- 3) Stand the bow in front of the centre of the body to the inside of the *Hitote* remaining on the floor, and make *Yatsugae*.
- 4) When taking the second *Hitote*, the arrows are picked up by *Itsukebushi* (or *Itatsuki*), then the right fist is brought to the hip.
- 5) Stand the bow up to the centre of the body and make *Yatsugae*.