Shooting Procedure in *Kyōgi* (for a *Tachi* of 3 Archers, *Hitote, Zasha*)

All Nippon Kyudo Federation

<table>
<thead>
<tr>
<th></th>
<th>Ichiban</th>
<th>Niban</th>
<th>Sanban</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>HAYA</strong></td>
<td>Proceed without waiting.</td>
<td>When <em>Ichiban</em> is standing, with the right fist being brought to the hip, stand up.</td>
<td>When <em>Niban</em> is standing, with the right fist being brought to the hip, stand up.</td>
</tr>
<tr>
<td></td>
<td>On <em>Ichiban</em>'s Tsurune, make <em>Uchiokoshi</em> and proceed.</td>
<td>On <em>Niban</em>'s Tsurune, make <em>Uchiokoshi</em> and proceed.</td>
<td>On <em>Niban</em>'s Tsurune, make <em>Uchiokoshi</em> and proceed.</td>
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<tr>
<td><strong>OTOYA</strong></td>
<td>After shooting <em>Haya</em>, sit down in <em>Kiza</em>, nock on <em>Otoyana</em> and stand up.</td>
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<td>On <em>Sanban</em>'s Tsurune, make <em>Torikake</em> and proceed.</td>
<td>On <em>Ichiban</em>'s Tsurune, make <em>Uchiokoshi</em> and proceed.</td>
<td>On <em>Niban</em>'s Tsurune, make <em>Uchiokoshi</em> and proceed.</td>
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</table>

(Effective as of April 1, 2014)

Notes:
1) On entering, the attention must be focused on the *Kamiza* before making *Rei* in the case of *Ichiban*, or *Yü* (in *Futa-Iki*: two breaths) from *Niban*.

2) Proceed to *Honza*, sit down in *Kiza*, make *Yü* (in *Mi-Iki*: three breaths) together and proceed to *Shai*.
   * When there is a previous group at *Shai*, the *Tachi* enters the shooting area on the *Tsurune* of *Sanban*'s *Haya*, sits down in *Kiza* at *Honza* and waits.
   * On the *Tsurune* of the last archer from the previous group, the *Tachi* makes *Yü* together. On the last archer's *Yudaoshi*, the *Tachi* stands up. When the last archer from the previous group takes the first step towards *Honza* to exit, the *Tachi* proceeds to *Shai*.
   * The *Tachi* may be required to wait for the person in charge (*Shinkōgakari*) to call the start with “*Hajime*” before making *Yü* together and proceeding to *Shai*.

3) Sit down in *Kiza* at *Shai*, turn to face *Waki-Shōmen*, stand the bow up and make *Yatsugae*.

4) When the shooting is finished, leave the shooting area in consecutive order starting with *Ichiban*.

5) On exiting, the attention must be focused on the *Kamiza* before making *Yü* (in *Futa-Iki*).

6) The movements before and after the shooting should not be two slow.

7) The same procedure applies when shooting four arrows (*Futate*) and in a group of four archers.

8) When a time limit is set, it is possible to proceed faster as long as the order of the archers is respected.
Shooting Procedure in *Kyōgi* (for a *Tachi* of 5 Archers, *Hitote*, *Zasha*)

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<td><strong>HAYA</strong></td>
<td>Proceed without waiting.</td>
<td>When <em>Ichiban</em> is standing, with the right fist being brought to the hip, stand up.</td>
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<td>When <em>Sanban</em> is standing, with the right fist being brought to the hip, stand up.</td>
<td>When <em>Yonban</em> is standing, with the right fist being brought to the hip, stand up.</td>
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<td><strong>HAYA</strong></td>
<td>After shooting <em>Haya</em>, sit down in <em>Kiza</em>, nock on <em>Otoya</em> and stand up.</td>
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<td><strong>OTOYA</strong></td>
<td>On <em>Goban</em>’s <em>Tsurune</em>, make <em>Torikake</em> and proceed.</td>
<td>On <em>Ichiban</em>’s <em>Tsurune</em>, make <em>Uchiokoshi</em> and proceed.</td>
<td>On <em>Niban</em>’s <em>Tsurune</em>, make <em>Uchiokoshi</em> and proceed.</td>
<td>On <em>Sanban</em>’s <em>Tsurune</em>, make <em>Uchiokoshi</em> and proceed.</td>
<td>On <em>Yonban</em>’s <em>Tsurune</em>, make <em>Uchiokoshi</em> and proceed.</td>
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(Effective as of April 1, 2014)

Notes:
1) On entering, the attention must be focused on the *Kamiza* before making *Rei* in the case of *Ichiban*, or *Yū* (in *Futa-Iki*: two breaths) from *Niban*.
2) Proceed to *Honza*, sit down in *Kiza*, make *Yū* (in *Mi-Iki*: three breaths) together and proceed to *Shai*.
   * When there is a previous group at *Shai*, the *Tachi* enters the shooting area on the *Tsurune* of *Niban*’s *Otoya*, *sits down in Kiza at Honza* and waits.
   * On the *Tsurune* of the last archer from the previous group, the *Tachi* makes *Yū* together. On the last archer’s *Yudaoshi*, the *Tachi* stands up. When the last archer from the previous group takes the first step towards *Honza* to exit, the *Tachi* proceeds to *Shai*.
   * The *Tachi* may be required to wait for the person in charge (*Shinkōgakari*) to call the start with “*Hajime*” before making *Yū* together and proceeding to *Shai*.
3) Sit down in *Kiza* at *Shai*, turn to face *Waki-Shōmen*, stand the bow up and make *Yatsugae*.
4) When the shooting is finished, leave the shooting area in consecutive order starting with *Ichiban*.
5) On exiting, the attention must be focused on the *Kamiza* before making *Yū* (in *Futa-Iki*).
6) The movements before and after the shooting should not be two slow.
7) The same procedure applies when shooting four arrows (*Futate*) and in a group of four archers.
8) When a time limit is set, it is possible to proceed faster as long as the order of the archers is respected.

All Nippon Kyudo Federation
Shooting Procedure in *Kyōgi* (for a *Tachi* of 3 Archers, *Hitote, Rissha*)

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<td><strong>Haya</strong></td>
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<td>On <em>Ichiban</em>’s <em>Tsurune</em>, make <em>Uchiokoshi</em> and proceed.</td>
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<td>After shooting <em>Haya</em>, nock on <em>Otoya</em> and wait. On <em>Niban</em>’s <em>Tsurune</em>, make <em>Uchiokoshi</em> and proceed.</td>
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<td>On <em>Sanban</em>’s <em>Tsurune</em>, make <em>Torikake</em> and proceed.</td>
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(Effective as of April 1, 2014)

Notes:
1) On entering, the attention must be focused on the *Kamiza* before making *Rei* in the case of *Ichiban*, or *Yū* (in *Futa-Iki*: two breaths) from *Niban*.
2) Proceed to *Honza*, make *Yū* (in *Mi-Iki*: three breaths) together in standing position and proceed to *Shai*.
   * When there is a previous group at *Shai*, the *Tachi* enters the shooting area on the *Tsurune* of *Sanban*’s *Haya* and waits in standing position, one step behind *Honza*. (The use of chairs is permitted.)
   * On the *Tsurune* of the last archer from the previous group, the *Tachi* proceeds to *Honza* and makes *Yū* together. When the last archer from the previous group takes the first step towards *Honza* to exit, the *Tachi* proceeds to *Shai*.
   * After proceeding to *Honza*, the *Tachi* may be required to wait for the person in charge (*Shinkōgakari*) to call the start with “*Hajime*” before making *Yū* together and proceeding to *Shai*.
3) At *Shai*, turn to face *Waki-Shōmen*, stand the bow up and make *Yatsugae*.
4) When the shooting is finished, leave the shooting area in consecutive order starting with *Ichiban*.
5) On exiting, the attention must be focused on the *Kamiza* before making *Yū* (in *Futa-Iki*).
6) The movements before and after the shooting should not be too slow.
7) The same procedure applies when shooting four arrows (*Futate*) and in a group of four archers.
8) When a time limit is set, it is possible to proceed faster as long as the order of the archers is respected.
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<td>On Ichiban’s Tsurune, make Uchiokoshi and proceed.</td>
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<td>On Goban’s Tsurune, make Torikake and proceed.</td>
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<td>On Niban’s Tsurune, make Uchiokoshi and proceed.</td>
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(Effective as of April 1, 2014)

Notes:  
1) On entering, the attention must be focused on the Kamiza before making Rei in the case of Ichiban, or Yū (in Futa-Iki: two breaths) from Niban.
2) Proceed to Honza, make Yū (in Mi-Iki: three breaths) together in standing position and proceed to Shai.
   * When there is a previous group at Shai, the Tachi enters the shooting area on the Tsurune of Niban’s Otoya and waits in standing position, one step behind Honza. (The use of chairs is permitted.)
   * On the Tsurune of the last archer from the previous group, the Tachi proceeds to Honza and makes Yū together. When the last archer from the previous group takes the first step towards Honza to exit, the Tachi proceeds to Shai.
   * After proceeding to Honza, the Tachi may be required to wait for the person in charge (Shinkōgakari) to call the start with “Hajime” before making Yū together and proceeding to Shai.
3) At Shai, turn to face Waki-Shōmen, stand the bow up and make Yatsugae.
4) When the shooting is finished, leave the shooting area in consecutive order starting with Ichiban.
5) On exiting, the attention must be focused on the Kamiza before making Yū (in Futa-Iki).
6) The movements before and after the shooting should not be too slow.
7) The same procedure applies when shooting four arrows (Futate).
8) When a time limit is set, it is possible to proceed faster as long as the order of the archers is respected.

How to Handle Four Arrows (in Zasha) — Simplified Method:
1) Turn to face Waki-Shōmen while lowering the bow (until the Urahazu touches the floor). Then, place one pair of arrows (Hitote) on the floor to the front with the Itatsuki in the centre of the body.
2) Keeping hold of the other Hitote at Itsukebushi (or Itatsuki), the right fist is brought to the hip.
3) Stand the bow in front of the centre of the body to the inside of the Hitote remaining on the floor, and make Yatsugae.
4) When taking the second Hitote, the arrows are picked up by Itsukebushi (or Itatsuki), then the right fist is brought to the hip.
5) Stand the bow up to the centre of the body and make Yatsugae.